

אָבִינוּ שְׁבַשְׁמִים יִתְקַדֵּשׁ שְׁמֶךָ

*Our Father who is in Heaven, May your name be sanctified.*

Avinu shebashamayim, yitkadesh shimcha.

תְּמַלִּיךְ מַלְכוּתְךָ יַעֲשֶׂה רִצּוֹנְךָ בַשָּׁמַיִם וּבָאָרֶץ

*May you continue establishing your kingdom; May your will be done, In heaven and on earth.*

Tamlích malchutcha, ye'ase r'tzoncha, bashamayim uva'aretz.

אֶת לֶחֶם חֻקֵּנוּ תֵּן לָנוּ הַיּוֹם

*Give us this day our daily bread,*

Et lechem chukeinu, ten lanu hayom,

וּמְחֹל לָנוּ אֶת חֻבּוֹתֵינוּ כַּאֲשֶׁר מָחַלְנוּ גַם אֲנַחְנוּ לְחַיֵּיבֵינוּ

*Forgive us our sins, as we also have forgiven those who have sinned against us.*

Um'chol lanu et chovoteinu, ka'asher machalnu gam anachnu l'chayaveinu.

וְאַל תְּבִיאֵנוּ לַיְדֵי נִסְיוֹן

*Do not bring us into the grasp of temptation,*

V'al t'vienu liday nisayon,

אֲלֵא תַצִּילֵנוּ מִן הָרָע

*But deliver us from the evil one.*

ela tatzileinu min hara.

כִּי לְךָ הַמְּמֻלְכָה וְהַגְּבוּרָה וְהַתְּפָאֶרֶת לְעוֹלָמֵי עוֹלָמִים.

*For yours is the kingdom, and the power, and the Glory, forever and ever.*

Ki lekha ha mamlecha, v'hagvurah v'hatiferet, l'olmay olameem.

אָמֵן

*Amen*

Ameín